

Calling all Iron Chefs and Barefoot Contessas!!



**Nova is seeking your recipes
for our first-ever school cookbook!**

Our first class of Nova Seniors will be graduating soon, and we want to help send them on an unforgettable trip!

Here's what we need:

Your recipe, in the following suggested categories:

Beginnings: Appetizers, dips, salads, breads. **Middles:** Main Dishes, Entrees, Casseroles, Soups and Stews. **Endings:** Sweets, savories

Please include a short description of why your family loves your recipe: for example, is it part of a tradition or holiday that your family holds dear?

Can you submit more than one recipe? YES!!

Recipes will be edited for consistency (directions, measurements, etc.). As with any written project, responsible attribution is important. If the recipe you are submitting comes from another source such as a book or website, please include that information.

Recipes (or questions) should be submitted via email to: novacooks@hotmail.com

Let's send our first senior class off in style! Send your recipe in by July 15

Do you have a favorite family recipe that everyone is always asking for?

Is your appetizer, side, main dish or dessert the first thing to disappear at a potluck?



Recipe Template for Nova PTO Cookbook Project

This template is a guide for submitting recipes. All recipes published in the final book must have these elements. If possible, please type your recipe so it includes these elements and resembles the sample recipe below. Most recipes are already in this or a similar format. Please email recipes to novacooks@hotmail.com.

Recipes MUST include:

The Headnote – An introduction to the recipe, this should grab a reader's attention and mention any special points, such as an unusual technique, tips for successful preparation or its history or origin.

The Title – This should be informative and interesting.

Yield – Please indicate how many servings the recipe makes.

Ingredient List – List ingredients in the order they are used, and when used simultaneously, in descending order, with exact measurements (teaspoons, cups, etc.)

Instructions – Please indicate steps for creating recipe in full sentences.

Notes – If relevant, this is a place to credit an original source or to suggest alternative ways to prepare recipe.

Contributor – Your family's name and a note about your family's relationship to the recipe or what makes it special.

Sample Recipe Using Template Format

Fancy Strawberries

Spring is often filled with all sorts of gatherings like graduations and wedding and baby showers. These strawberries seem decadent and are always a hit with guests.

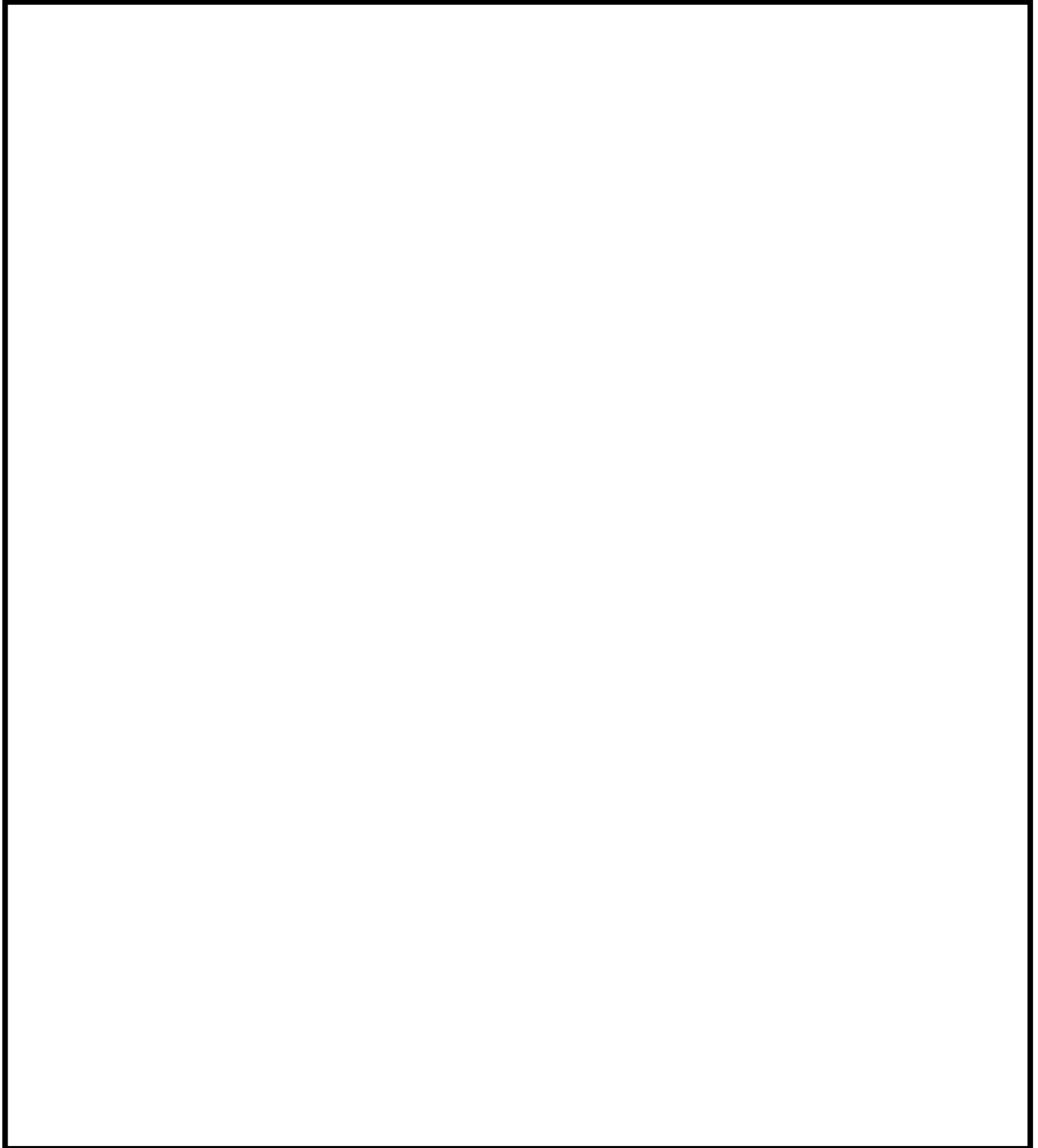
1 pint fresh strawberries, washed and dried
1 (8 ounce) package cream cheese, at room temperature
1/2 cup confectioners' sugar
2 tablespoons orange juice
1/2 teaspoon orange zest

Cut the stem end off of the strawberries so strawberries can stand upright on the cut side. Then, slice down (but not all the way through) the strawberry from its tip toward the flat bottom. Using a food processor, beat together the cream cheese, sugar, and juice and zest. Put mixture into a piping bag (or use a plastic bag and cut off one corner) and pipe into opening of strawberry. Refrigerate until time to serve.

Recipe submitted by the Gaffigan Family—John, Renee, Madison and Evan—who look forward to picking strawberries every summer at Berry Hill Farm in Anoka.

Artwork Template for Nova PTO Cookbook Project

This template is a guide for submitting artwork for Nova's cookbook project. Artwork in this book will be black and white only. All students and parents are welcomed to submit their food and kitchen related artwork. All artwork should be done in black using Sharpie or Sharpie-style markers. Artwork will be scanned, so please erase all pencil marks, leaving only black line art. Please draw within the box below, making your image as large as possible. Ingredients, kitchen tools, utensils, flourishes, borders and designs are all welcome. Artwork should represent the entire student body and the whole community, so all are encouraged to submit. Please turn in to the Lower School front office.



Your name: _____